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MEMBER



*Special needs require special lawyers.*

### INSIDE THIS ISSUE

- iPad Applications for Seniors
- Ask Allie
- Distribution of This Newsletter

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## IPAD APPLICATIONS FOR SENIORS BY BRADLEY BRICKHOUSE

The iPad series is a popular line of tablet computers designed, developed, and marketed by Apple Inc. The iPad is primarily used as a platform for audio and visual media including books, newspapers, magazines, photographs, movies, music, games, web content, and other applications.

Application software, also known as an application or an "app," is software that is downloaded from Apple's App Store that is designed to help the user perform specific tasks. Depending on the application, the apps are available either for free or at a cost. As of February 2012, there are over 500,000 different apps available for download.

The following is a list of five apps, including the app store description, that may be of interest to seniors:

### 1. Mint.com (Free)

Mint.com allows you to track, budget, and manage your money all in one place, so you can see where you're spending and where you can save. Open a Mint.com account, add your bank, credit, loan and retirement account information, and Mint.com will automatically pull in and categorize your transactions. It's safe, secure, and easy to keep your personal finances organized. If you don't have an iPad, then you can also use Mint.com on your computer.

- View all of your accounts including: checking, savings, credit cards, investments, and retirement.
- Mint.com automatically pulls in and categorizes your transactions. No need to enter your own transactions.
- Easy-to-understand graphs show you where your money is going, so you get a clear picture of your spending and your net worth (iPad only).

- Know how much you have left to spend. Mint.com creates a customized budget based on your actual spending.
- Add manual transactions at the time of purchase so you can track cash spending.
- Avoid late fees and monitor cash flow – get bill reminders, alerts, and advice sent right to your device.
- View your data even without a wireless connection (iPad only).

## 2. AARP (Free)

Now you can take the AARP experience with you on the go. With the AARP app, you can save money, stay informed, and share favorite content with your friends.

- Easy access to AARP member benefits and discounts now with a stored copy of your membership card on your mobile device.
- Read the latest articles from AARP in a mobile-optimized format and access offline.
- Watch video clips from AARP's video library.
- Share interesting content with your friends on Facebook and Twitter.
- Join AARP or renew your membership.

## 3. WebMd (Free)

WebMD helps you with your decision-making and health improvement efforts by providing mobile access 24/7 to mobile-optimized health information and decision-support tools including WebMD's Symptom Checker, Drugs and Treatments, First Aid Information, and Local Health Listings. WebMD also gives you access to first aid information without having to be connected wirelessly – critical if you don't have Internet access in the time of need. Personalize your app by saving drugs, conditions, and articles relevant to you through secure access and easy sign-in.

WebMD has been downloaded over six million times on iPhone and iPad platforms since its initial release in October 2008.

## 4. Allrecipes – Your Kitchen Inspiration (Free)

Allrecipes can help you find that perfect dish.

- When you already know what recipe you want, use powerful search options to access more than 45,000 member-tested recipes.
- Ingredients to specifically include or exclude.
- Dietary restrictions like gluten free, low carbs, or low sodium.
- Search recipes by course, cooking method, or prep time.
- Filter your results by popularity or member rating.

Recipe details are easy to view, displaying ingredients, directions, nutritional information, and reviews. You can even scale recipes to get the perfect number of servings for your needs. When you're ready to start cooking, Your Kitchen Inspiration lets you enable Cook Mode for an easy view of the most critical recipe details on one screen.

#### 5. iHealth BPM (\$99.95 includes Blood Pressure Monitoring System with Standard Cuff)

This is the first ever blood pressure monitoring system for the iPod Touch, the iPhone, and the iPad. iHealth turns your iPhone into a powerful blood pressure monitor. It includes a diary for tracking BP measurements taken by the iHealth BP dock. Its elegant user interface and vivid testing process make keeping an eye on vital signs more enjoyable than ever before. It also empowers you to see the changes and reasons behind them using simple analytical tools: interactive graph, statistics, smart World Health Organization (WHO) classifications, and a frequently asked questions (FAQ) section.

These are just a few of the many applications that seniors and their families may find useful.

The attorneys at Oast & Hook assist families with their estate, financial, insurance, long-term care, veterans' benefits, and special needs planning issues.

*Bradley Brickhouse is an elder law attorney with Oast & Hook, and he practices in the areas of estate planning, guardianships and conservatorships, financial abuse, will contests, estate and trust disputes, and litigation in support of these areas.*

#### **Ask Allie**

O&H: Allie, we've heard that there is another candidate for the U.S. Senate. Please tell us about him.

Allie: Sure! Hank is a nine-year-old cat in Springfield, Virginia, who has announced his candidacy for the U.S. Senate in Virginia. He describes himself as a "proud independent" with "real world experience." He was rescued from the streets as a young kitten and was saved by the Humane Society of Fairfax County. Hank says, "Other politicians may talk about how difficult it is when there aren't enough kibbles to go around, but I've been there. I know what you're going through." Hank's platform is based on choosing a leader who will create more jobs, ensure the growth of small businesses, and "make sure that there is milk in every bowl across this great nation." Of course he is also campaigning for animal welfare issues such as low-cost spay and neuter programs to stop the problem of pet overpopulation. For more information on Hank's run for the Senate, please visit his website at [www.hankforsenate.com](http://www.hankforsenate.com) or his Hank for Senate Facebook page. What a cool cat! I wonder if they will let me register to vote . . . See you next week!

#### **Distribution of This Newsletter**

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